



Full Length Research Article

THE PROBLEMS, STRATEGY AND WOMEN EMPOWERMENT IN INDIA

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ARTICLE INFO

Article History:

Received 26th July, 2014
Received in revised form
29th August, 2014
Accepted 23rd September, 2014
Published online 25th October, 2014

Key words:

Problem, Empowerment,
Plans, Ideology,
Efforts etc

ABSTRACT

The status of women in India has been subject to many great changes over the past few millennia. The history of women in India has been eventful. Women play a vital role in society. Women have contributed in all areas and there are so many examples in all fields. There is a need of time to frame the women empowerment programme at all levels. The great contribution expect from advocacy groups, policymakers, social researchers, health workers, social thinkers and sociologist for the women empowerment. Women Empowerment commission is a tool to eradicate various women problem and provide right track for them. In this article, the main focus has been given on status, role, situation, authority and problems with the role of women empowerment of India. The various suggestions have been inserted as a part of eradication plan to make successful to Indian women.

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INTRODUCTION

Women are the backbone of society. Society never complete without women. Men and women are the two wheels of life. There should be uniformity in both parties. But when we see the structure of Indian society, it always gives the secondary status to the women. As per the development of education, the changes have been taking place in the position of women. After independence in India, there are the special women related articles created by experts. In the Indian constitution, the principle of gender equality is enshrined with preamble, fundamental rights, fundamental duties and directive principles. The Constitution not only grants equality to women, but also empowers the state to adopt measures of positive discrimination in favour of women. Empowerment is the one of the key factors in determining the success of development is the status and position of women in the society. For the healthy development of society there is a need to special focus on social, economical and political overall development of women. We need to augment our efforts for empowering women and enhance their progress. It is our moral, social and constitutional responsibility to ensure their progress by providing them with equal rights and opportunities. Today women with their smartness, grace and elegance have conquered the whole world.

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Position of women in current scenario

In this contemporary world, women need to gain the same amount of power that men have. Now, it is time to forget that men are the only holders of power. In India, women are still facing different obstacles in male-dominated cultures. Now a day's women are coming the main stream of development. The government of India established a special commission for the women development i s. women commission in India. Today, women are having the position in every place. Recently feminism concept added in the women empowerment which stress on the fundamental and human rights of women. In India, women are facing various problems, heinous practice of female feticide and infanticide wherein nearly 10 million baby girls have been killed in the last twenty years alone. In fact, safety is an obsolete word in today's India. Even law enforcement is unable to control the situation in India. Every person should think about women development. This is the need of the hour. Everyone must think of changing society. If we all abide by the rules, women in our cities will surely be safer. This situation has caused immense loss to their self-dignity as human beings and also their independent entities, associated with men, apart from other matter, in context with intellectual and professional capability. In spite of all these, the patience of greatness of Indian women to serve the family and the society is incomparable. That's why she deserves the designation of -Devatha- of -Goddess- worth to be worshipped for all her patience, services and sacrifices.

Various problems faced by Indian women

Violence against Women

The life of Indian women is full of sorrow and anxiety. There are various types of crime like rape, molestation, dowry harassment, wife-battering, kidnapping, female children to be sold into brothel homes, forcible embracement etc. problems faced by Indian women.

Gender Discrimination

Gender discrimination refers to “the practice whereby one sex is given preferential treatment over the others. After overpopulation second number greatest problem in India is the female foeticide and discrimination. The practice of giving social importance to the biological differences between men and women is everywhere. In some societies, these differences are very much pronounced while in others, they are given less importance.

Negligence and poor health

Indian women are the most exploited in the world. Socially, psychologically, politically and economically she is always on secondary place. Improper haemoglobin, different medical problems, malnutrition and high death rate are the feathers of Indian women.

Unequal sex ratio

Normally, in the population of any country, male- female ratio remains more or less the same. That is 50:50. in India as the census reports reveal female population has been steadily declining ever since 1901. This is serious indicator in society. Efforts should be takes place for identification and sort out these problems.

Un-attraction of Female Education

Since an ancient time we have been seen that generally women ignored from the education. ‘Ladki to paraya dhan hoti hai’ is common tendency observe among the Indians. Accordingly, much attention is paid to the education of women after independence. The female literacy level is also increasing steadily. It has increased from 18.7% in 1971 to 39.42% in 1991 and to 64% in 2001. In spite of this change in the trend towards literacy, some problem has cropped up.

Dowry a curse

At the time of marriage ceremony, the gift or amount given by the parents of girl is general trend in India. In later stage it became problem called dowry. Every year so many cases of dowry exposed in India. It is a very serious problem faced by Indian women and their parents.

Violence against women

Sexual exploitation, female foeticide, dowry, domestic violence etc are the common practices can see in Indian society. The rate of such problems is high in rural society. Main cause of it is that spoil mentality with old customs and traditions.

Sexual Harassment

Now days so many cases are exposing related to sexual harassment of women. Delhi gang rape and so many incidents’ taking place in India. Child abuse, sexual exploitation, human trafficking, child labour etc are the various problems are present in Indian society.

Organizational problems

In working place, women face a lot of problems regarding various matters. May be some times sexual harassment and other conflicts can creates at working place. Excessive bossing, unequal shifts, unwanted demands by high authority etc are the factors responsible for women exploitation in organization.

Familiar and Social Problems

Family and society have to take the cognizance about women issues. The intensity and proportion of works is always more than men. In religious and cultural activities women generally ignore and put secondary place. Whatever the situation is there, the women assume a responsible for that act. Also there is a tendency that women are the factories of child creation.

The Role of Women Empowerment in India

Empowering women usually involves giving them opportunity for better education. Focus on the overall development in India is the main work of women empowerment commission in India. Basically as per the human rights there should be the same place to men and women but society doesn’t accept this situation and made the discrimination in society. When we study the evolution of man, it is noticed that gradually women tilted towards secondary place and started the exploitation through various problems. To stop and eradication of these problems, the women commission established by Govt. of India. After independence the direction has been fixed and various acts, plans have been started for the women development in India. Definitely we can say that India has done the improvement in social, economical and political status of women. Again there is need to strictly implementation and development of scheme and plans started by Government of India.

Following are some plans for the women development and empowerment

Indian government is always few rebel and conscious about women development. Time to time different schemes and plans has been implemented for the success of women.

1. Mahila cosh yojana

This is first plan started for especially rural women of India in which self employment, stress on msme and supplementary occupation are the most priority factors.

2. Training and employment programme for women (TEPW)

To build up the confidence, economically strong and for enhancing the productivity are the main targets of this plan.

3. Rashtriya Mahila Kosh (RMK)

For social and economical changes, financial improvements through various programmes are the main objects of this plan. Micro finance to poor women, agriculture women, shop keeping and handcrafts etc are important objects of this plan.

4. Rajiv Gandhi Scheme for Empowerment of Adolescent Girls (RGSEAG)

This is especially well-known for the overall development of teen age girls for the issues like nutrition, education, medical facilities and eradication of the different problems

5. Central Social Welfare Board (CSWB)

This scheme is especially famous for stimulation of the NGO which work for development of women.

7. Indira Gandhi Matritva Sahyog Yojana (IGMSY)

For the improvement to the health and nutrition status of pregnant, lactating women and infants, child vaccination with sort out the various problems.

8. Swayam Siddha yojana

Creation of self help groups with financial support and availability the fund for poor women in society.

9. Short Stay Home for Women and Girls (SSH)

Arrangement of temporary accommodation of deprived, mentally affected, very poor, widow, exploited and rejected by society and family. With the help of this plan various works knowledge given and try to become self to such type of women.

10. Swadhar

This plan is especially for the support of women those really want to do the advance type of work. Some financial support given by government to start the occupations.

Suggestions for the effectiveness of Women empowerment

1. Involment in women's mobility and social interaction
2. Modification in working are and organization
3. Participation into each and every sphere of life.
4. Utilization in recourses
5. Support and exposure from legislative and constitutional side
6. Sutable coordination between women empowerment and globalization
7. Creation of convenient environment for women's at working places.
8. Social and education empowerment for women.
9. Role of NGOs and international agencies

10. Provision of finance for overall development for women.
11. Avoidance and presentation to sexual harassment and domestic violence related issues.
12. Coordination in administrative and political reformation process.
13. Entrepreneurship application for equal participation at workplace.
14. Supportive and positive role of media about women empowerment.
15. Representation of women at different places.
16. Health related issues of girls and women.
17. Participation in endowments and ownership of assets.
18. Equal kinship pattern in society
19. Access to credit, inputs and extension services, training, etc.
20. Provision to employment, wages and terms of employment, and bias in division of labour and work burden.
21. Permission to household, community and state resources: particularly food, education and health.
22. Entrance to public decision-making.

As per the constitutional provisions, all women's should get food, water, shelter, clothing, health facilities, employment support and services for the convenient survival.

Conclusion

Community awareness on the benefits of empowering women should be carried out in order that the empowerment may be supported by the community as whole. For the suitable construction of society, there is need to give special attention on women empowerment in India. Also traditional attitude has to change regarding women. Awareness programme, education and positive role of every indivisible will help to development the status of women in India. Strictly implementation, creation and support of legislative, judiciary will be beneficial to sort out the women related problems in India. To stop the women exploitation, rape sexually harassment, acid throwing, domestic violence, child marriages and female foeticide with effective instruments and control on these problems.

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